

Nasi Lemak

- Nasi Lemak is the national dish of Malaysia. The name (directly translated to 'Fatty Rice') derives from the rich flavours of the rice, which is infused in coconut milk and pandan.
- The rice is served with condiments such as a spicy sambal, deep fried anchovies and peanuts, plus slices of raw cucumbers and boiled eggs.



Roti Canai

- Roti Canai is a local staple in the Mamak (Muslim Indian) cuisine.
- This flat bread is pastry-like and is somehow crispy, fluffy and chewy at the same time.
- It is usually served with dhal and different types of curries.

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Teh Tarik

- There is nothing more comforting that a hot glass of sweet teh tarik (pulled tea).
- Black tea is mixed with condensed milk and "pulled" multiple times into frothy perfection.
- You can order it plain or ask for teh tarik halia, which has ginger.



Ikan Bakar

- Directly translated to English, *Ikan Bakar* means burnt fish.
- Whole fish or sliced fish is slathered with a sambal or tumeric paste and is charcoal-grilled or barbequed (sometimes in a banana leaf wrap).
- It is often served with a soy-based dipping sauce that brings out the flavours even more.



Banana Leaf

Rice

- In traditional South Indian Cuisine, a meal is normally served on a banana leaf.
- Hot steaming rice is paired with your choice of curry, vegetable, deep fried seafood or chicken and accompanied with papadums and cutneys.
- It is best to wash down the explosion of flavours with a nice hot mug of sweet teh tarik (pulled tea).



Chicken Rice

- The key to a perfect plate of chicken rice lies not only in the delicious tenderness of the steamed or roasted chicken.
- The fragrant rice, which is usually cooked in chicken stock with lard, creates the perfect balance of flavour with the meat.
- Drizzle a little soy sauce, ginger paste and chilli sauce for an extra kick!



Hokkien Mee

- This street food originates from Fujian, China.
- Thick rice noodles are braised in a fragrant dark sauce that is soy and lard-based.
- The dish is tossed with slices of pork, shrimps, fish balls and vegetables.



Cendol

- A sweet bowl of cendol is the perfect treat on a sunny day!
- Strips of pandan flavoured jellies and kidney beans are topped with shaved iced, coconut milk and palm sugar syrup.
- Some places served more fancy versions with glutinous rice, sweet corn, durian flesh and diced jackfruit.



Bak Kut Teh

- Translated to "meat bone tea", this hearty soup is made out of pork ribs that are simmered in a broth infused with herbs and spices such as star anise, cinnamon, cloves, fennel seeds and garlic.
- Some restaurants served a dry version as well, which is equally delicious when eaten with steaming hot rice.





- Apom is a type of Indian sweet crepe that is normally cooked in a clay pot on a charcoal fire.
- The batter is made out of eggs, coconut milk, rice flour and sugar.
- You may either enjoy it plain or with fillings such as brown sugar, bananas or sweet corn.



Air Mata Kucing

- This refreshing drink is made from winter melon (tong kua), monk fruit (lo han kor), dried longan (long ngan), and sugar.
- It is best served with ice, but some stalls served it hot too.
- An excellent way to stay hydrated when you are on a go!



Lok Lok

- Lok Lok is a version of steamboat or hotpot meal with a slight twist.
- The meat and vegetables are served on a stick and dipped into a pot of hot boiling broth.
- Lok Lok is usually served at food trucks that are usually open for supper.



Kaya Toast

- Imagine cold slices of butter and sweet homemade kaya (coconut jam) sandwiched in between fluffy white bread that is toasted to perfection.
- It makes a wonderful breakfast especially if you have it with soft-boiled eggs and a cup of hot tea or coffee.



Char Siew

- This Chinese barbequed pork is often seen hanging on the storefront of Chinese restaurants that serve chicken rice.
- Each slice will melt in the mouth. It is juicy, tender, sticky and fatty at the same time. It is best eaten with a plate of rice or kon lou (braised soy sauce) noodles.



Pisang Goreng

- During teatime in Malaysia, you may go for a plate of crispy banana fritters. Slices of bananas are dipped in a batter and deep-fried to a golden perfection.
- Some people like to consume it with sambal to give it a savoury taste.



Pan Mee

- Pan mee is a popular Hakka noodle dish that makes a hearty meal.
- Rice flour noodles are served in an anchovy broth and topped with crispy fried anchovies, ground pork, shiitake mushrooms and vegetables.
- Drizzle some soy sauce and sambal to complete the taste!



Wantan Mee

- Wantan mee is a dish whereby egg noodles are tossed in a dark fragrant sauce.
- It is topped with *char siew* (barbequed pork), wontons (pork dumplings) and vegetables.
- It is also served with pickled green chillies on the side, which add a nice spice to dish.



Nasi Kandar

- Nasi Kandar is a Mamak (Indian Muslim) cuisine, which originates from the state of Penang.
- Steamed rice is usually served with a variety of curries and side dishes such as fried chicken and stir-fried vegetables.
- For a finger-licking good experience, it is best eaten with your hands!



Nasi Kerabu

- Nasi Kerabu is a classic Malay dish that originates from Kelantan.
- The steamed rice is dyed blue with butterfly-pea flowers and topped with chopped herbs.
- It is served with green chillies stuffed with fish paste, fish crackers, boiled salted eggs and sambal.
- Some places serve it with grilled beef or fried fish as well.



Nyonya Laksa

- Vermicelli or egg noodles are served in a spicy coconut milk broth and topped with ingredients such as tiger prawns, slices of chicken, julienned cucumber and bean sprouts.
- A delicious sambal usually comes on the side.



Roast Duck

- Golden roast ducks can sometimes be seen hanging on the storefront of a Chinese restaurant.
- You can eat it plain or on the side with a plate of steaming hot rice or kon lou (braised) noodles.

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Roti Babi

- Roti Babi is a Peranakan dish that originates from Penang.
- Thick slices of bread are coated generously with an egg batter and pan-fried just like a traditional French toast.
- The twist is that it has a delicious minced pork filling inside, which is flavoured with various herbs and spices.



Ayam Percik

- Ayam percik is a Malay-style roasted chicken dish that originates from Kelantan.
- Chicken pieces are marinated with cili giling (a spice paste) and coconut milk.
- Tear off the pieces of chicken with your hands for an extra sensory experience!



Bubur Chacha

- This dessert is made with a medley of sweet potatoes, yam and sago balls.
- These ingredients are boiled in a coconut milk that is infused with pandan and palm sugar.
- It is usually served warm.



Ice Kacang

- Ice Kacang is the Malaysian-style shaved ice.
- It is usually topped with different flavoured jellies, red beans, creamed sweet corn, peanuts and other delicious condiments.
- The mixture is drizzled with coconut milk, a rose-flavoured syrup and palm sugar syrup.



Char Kuay

Teow

- This signature dish from Penang makes an indulging meal.
- Flat rice noodles are stir-fried in a spicy soy-based sauce with lard.
- It is tossed with eggs, cockles, prawns, fish cakes,
 Chinese sausages and bean sprouts.
- It's best eaten with pickled green chillies or sambal.



Chee Cheong Fun

- This Cantonese dish is often served as part of a dim sum meal.
- Fresh rice noodle rolls are steamed and served with a soy based sauce.
- You may order it plain or stuffed with items such as succulent prawns. Some places serve it with a curry sauce as well.



Claypot Loh Shu Fun

- Loh Shu Fun literally translates into rat noodles because of the shape of the rice noodles that resemble the tail of a rat.
- It is cooked in a claypot with a fragrant dark sauce and mixed with ground pork, bean sprouts and mustard greens, topped with a sunny side egg.



Durian

- Durian is known as the "king of fruits", known for being large, its strong odour and formidable thorny husk.
- Its name is derived from the Malay-Indonesian word "duri".
- Now you can find it served all year round at many roadside stalls across the country.



Fish Head Noodles

- This popular hawker dish is usually made with rice vermicelli.
- The flavour of the tomato-based fish broth is brought to life with a splash of evaporated milk. This gives it a nice sweet taste, which goes well with the addition of *ham choi* (salty pickled vegetables).



Fruit Rojak

- This local version of a fruit salad is not as healthy as it sounds!
- Jicama, pineapple, cucumber, guava, green mango and deep fried beancurd are tossed in a fragrant dark belancan (shrimp paste) soy sauce and sprinkled with peanuts and toasted sesame seeds.
- Different places serve their own variation, which are usually delicious!



Kai See Hor Fun

- This is translated as "flat noodles with chicken strips".
- The base of this dish is flat rice noodles, which are served either in a soup or tossed in a dark soy-based sauce.
- It is mixed with slices of steamed chicken and prawns, and sprinkled with deep fried shallots and spring onions.
- It is a hearty meal, which is best enjoyed on a rainy day.



Keropok Lekor

- Keropok Lekor is a traditional fish cracker that originates from Terengganu.
- It is made of fish paste, sago flour and various spices and herbs.
- It is usually cut into thin slices that are fried to crispy perfection or finger-sized pieces that give it a nice chewy texture. It is normally served with a sweet chilli sauce.



Rojak Pasembur

- This Indian-style mixed salad is a popular street food that hails from Penang.
- Cucumbers, potatoes, beancurd, turnip, bean sprouts, boiled eggs, prawn fritters and boiled cuttlefish are tossed in a sweet and spicy sauce and sprinkled with crushed peanuts.



Curry Laksa

- This Malaysian favourite has rice vermicelli or egg noodles swimming in a bowl of a spicy curry-based broth, which has a slight sweetness due to the coconut milk.
- It is usually topped with shredded chicken, prawns, boiled eggs, beancurd and bean sprouts.
- If you like it extra spicy, add some extra sambal into your bowl!



Tau Fu Fah

- This is the Cantonese name for soybean pudding, and is also known as "douhua" in Singapore.
- This popular Chinese dessert is usually served during breakfast or as a snack.
- The soybean pudding usually has a smooth silky texture that just melts in the mouth.
- Pillows of tau fu fah steeps in a sugary syrup and is equally delicious served hot or cold.



Roti John

- This is an omelette sandwich.
- Minced meat, eggs and chopped onions are cooked and placed into the cavity of a baguette that has been halved and pan-fried to give it a crispy texture on the outside.



Roti Tisu

- Roti tisu (Malay) is translated to mean "tissue paper bread".
- It is a sweet flat bread that is crispy and wafer thin.
- It is usually served in a shape of a cone and comes with a side of dhal, curry and condensed milk.
- Some places serve it with kaya (coconut jam) or ice cream.

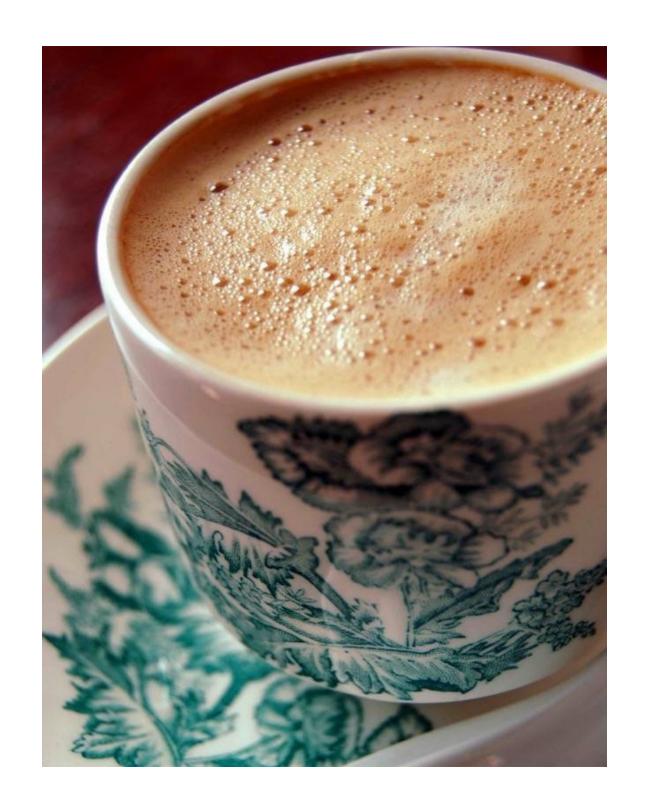


Otak Otak

- Otak otak is a spicy nonya fish cake, which is steamed or grilled in a banana leaf wrap.
- It is made out of fresh fish paste, tapioca starch and different spices, and has a custard-like texture.

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White Coffee

- This popular drink from Ipoh was introduced in the 19th century by Chinese migrants who came to work in the local tin mines.
- The coffee beans are roasted with sugar, margarine and wheat, which give it a distinct taste.
- It is delicious served either hot or cold.



Pork Nodles

- Different restaurants or stall have their own style, some with minced pork or slices of pork with the innards and all.
- You may also choose from a variety of noodles, either served in a bowl of soup or kon lou (dry) style.



Yong Tau Fu

- Yong tau fu is a Hakka dish, in which different vegetables are stuffed with a minced fish and pork filling.
- The items are usually steamed or deep fried, then served in a bowl of soup or with different types of dipping sauces on the side.



Satay

- This is the modern name of "sate" in Malay or Indonesian.
- This street food was originally from Indonesia.
- Different types of meat such as chicken, lamb, beef or pork are marinated in various spices then grilled to perfection on a skewer.
- It is served on the side with a spicy peanut sauce, slices of cucumbers and ketupat (steamed rice cakes).

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Beef

Rendang

- Beef rendang is another Indonesian dish that has been adapted to the local taste.
- Chunks of beef are slow-cooked for hours in a rich and spicy lemongrass and coconut paste. The result is deep flavoursome meat that is so tender you can tear it off with your fork.



Sup Tulang

- This is a Malay-style beef bone soup.
- The broth is infused with different spices and has a rich flavour.
- The meat is tender and melts in the mouth. The best part is perhaps digging for and slurping the delicious bone marrow!



Beef Noodles

- Chinese-style beef noodles are popular meals for breakfast or lunch.
- Different stalls served it differently, with ground beef, beef slices, beef balls and all the other part of the cow or buffalo.
- You may order it in a bowl of soup or kon lou (dry) in a fragrant dark sauce.



Mee Rebus

- This popular Jawanese dish is literally translated to "boiled noodles."
- Egg noodles are tossed in a sweet and slightly spicy curry-like gravy.
- The dish is garnished with hard-boiled eggs, prawns, fish cakes, fried tofu, bean sprouts and other condiments.



Maggie Goreng

- Trust Malaysians to amp up instant noodles and turn it into a hawker dish that is loved by many.
- Instant noodles are stir-fried with soy sauce and a sambal paste and topped with eggs and vegetables.



Ramly Burger

- This is often found at roadside stalls.
- Ramly beef or chicken patties are grilled and sandwiched between burger buns with vegetables, cheese, eggs and different types of sauces.
- However, Ramly beef and chicken patties have been banned in Singapore for some time.

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Popular Food in Kuala Lumpur (Malaysia)

References & photo credits:

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